low carb snack ideas

Almonds

Cheese Slices

Celery with Cream Cheese

Greek Yogurt (plain)

Hard-Boiled Eggs

Walnuts

Beef Jerky

Olives

Avocado

Pepperoni Slices

Macadamia Nuts

Cucumber Slices with Hummus

Pumpkin Seeds

Cheddar Cheese Cubes

Baby Carrots

Salami Slices

Sunflower Seeds

Turkey Roll-ups (turkey & cheese)

Cottage Cheese

Pistachios

Edamame

Coconut Chips

Mozzarella Sticks

Sardines

Tuna Salad

Brazil Nuts

Bacon Strips

Smoked Salmon & Cream Cheese on Cucumber

Peanut Butter Celery Sticks

String Cheese

Kale Chips

Flaxseed Crackers

Zucchini Chips

Cashews

Chicken Salad

Pecans

Seaweed Snacks

Prosciutto Wrapped Asparagus

HazeInuts

Ricotta Cheese with Berries

Shrimp Cocktail Feta Cheese

Artichoke Hearts in Olive Oil

Caprese Salad

Pork Rinds

Chia Seed Pudding

Turkey Jerky

Roasted Chickpeas

Cottage Cheese with Cinnamon

Brie Cheese

Radishes with Salt and Pepper

Buffalo Wings (no sauce)

Broccoli Florets with Ranch Dip

Spinach and Feta Rolled in Ham

